

# Important information for adults accompanying patients having treatment under intravenous sedation

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## Important information for adults accompanying patients having treatment under intravenous sedation

You have been asked to accompany the patient who is having dental treatment under intravenous sedation.

Patients can feel less anxious if they receive a sedative drug (medicine) during their oral surgery treatment. The drugs used can cause some patients to feel a little disorientated or confused for a short time after the treatment. It is important that an adult will be responsible for them and take care of them for 24 hours following intravenous sedation.

It is important that you follow these instructions. The patient will have been given telephone numbers of who to contact if you have any concerns.

The patient will not be allowed to go home until the surgeon is satisfied that the patient is in the care of a responsible adult (over 18 years of age). The escort must be present with the patient on arrival and again as they leave the surgery. Please note that we expect the escort to be within hospital premises during the sedation treatment. Some patients take a little longer than others to be ready to go home so please be aware that a precise time cannot always be given.

The patient's judgement (ability to think clearly) is likely to be affected. Patients should not make any irreversible decisions for up to 24 hours following their treatment.

Patients should be encouraged to rest for the remainder of the day once they are home. It is not recommended for them to be in charge of others until the next day. Care should be taken when cooking or using domestic appliances.

Patients should not:

- Drive a vehicle
- Ride a bicycle
- Operate machinery
- Drink alcohol or use any recreational drugs
- Use the internet or sign any legal documents until the following day and in some cases, for up to 24 hours. The surgeon will advise the patient on the day of treatment.

The surgeon will explain to the patient which pain relief medicines may be taken. Patients should take their usual prescribed medicines unless directed otherwise.

## Contact us

If you have any concerns regarding the patient following treatment under IV sedation do not hesitate to get in contact with us, in working hours if possible.

Lincoln Hospital: 01522 573495

Pilgrim Hospital: 01205 446452

For out of hours emergencies please contact the hospital switchboard on:

01522 512512 and ask for the maxillofacial doctor on call.

Oral and Maxillofacial Surgery

United Lincolnshire Teaching Hospitals NHS Trust has worked with AccessAble to create detailed Access Guides to facilities, wards and departments at our sites.

[www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust](http://www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust)

United Lincolnshire Teaching Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language or alternative format, please email the Patient Information team at [ulth.patient.information@nhs.net](mailto:ulth.patient.information@nhs.net)