

Hatton Ward Level 1 Unit

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What is Level 1 care?

Level 1 care means you are needing more enhanced monitoring of your clinical condition, to help support you in your recovery.

You will have been deemed to require enhanced monitoring by either a consultant surgeon, consultant anaesthetist or senior registered nurse.

You may be a Level 1 from theatre, transferred to us from intensive care or have been acutely unwell on a ward and moved up to Level 1 care; whichever the case you will receive the same level of treatment from us.

You will have a registered nurse with a maximum of 4 patients, who is specifically trained in Level 1 care, with a clinical health care support worker (CHCSW) working alongside to support your care needs. There is also a Deputy Sister on each shift to oversee the unit and support where needed.

What is Hatton Ward Level 1 Unit?

Hatton Ward Level 1 Unit is within Hatton Ward and specialises in the enhanced monitoring of general surgical patients. It is an authorised 6-bedded mixed-sex bay with 2 adjacent side rooms and shared hygiene facilities.

We will maintain your privacy and dignity rights wherever possible, despite the nature of this mixed sex bay.

Hatton Ward Level 1 Unit – Daily routine

Throughout your Level 1 patient stay, it is required for us to complete your observations, a minimum of 4 hourly, 24 hours a day. You will be attached to a monitor to assess your vital signs; these are here to alert staff to physiological changes in your condition. These may intermittently sound and will contribute to noise levels you experience; we know this is not ideal but it is essential for effective monitoring of your condition.

Each morning, approximately 6.00am your nurse or CHCSW will ask for a blood sample prior to ward round. Morning round will be consultant led wherever possible and another ward round will take place in the evening by a consultant or registrar.

This is your time to ask any questions. We will however always be there to advocate for you if you wish us to.

We will assist you with your personal care needs as required and can provide all toiletries. Skin checks are carried out 4 to 6 hourly during both day and night, to maintain your skin integrity.

When you no longer require enhanced monitoring you will become a 'stepped down' or 'wardable' patient. You will remain within Hatton Ward whilst bed pressures allow.

Multi-Disciplinary Team Members

Physiotherapy - you may have a specific physiotherapy requirement, which our dedicated Physiotherapists can assess you for. General mobility can be assisted by any member of the ward team.

Occupational Therapy (OT) - you may feel that you require some additional support following discharge from hospital with activities of daily living; if you do please highlight this to us so our OT team can discuss this with you.

Dietitian – dietary intake varies with each patient. You will be advised on an individual basis; please ask if you require further information/support and we can refer to the dietitian.

Colorectal Nurses – if you are having a bowel procedure, it is likely you will be seen by the colorectal nurse specialists, who can advise you on an individual basis.

Pain Management – an expected symptom whilst you are unwell is pain, this will be managed within our Level 1 remit of care, often with regular strong pain relief. However, if you feel your pain is not being well managed please inform us as we have a dedicated pain management team who can advise.

Students- student nurses are an integral part of our team and we encourage and support them with their learning needs. This means parts of your care may be completed by them, under direct or minimal supervision of clinical staff.

Home Comforts

We know how vulnerable you may feel during your stay, so to make it a little more homely we can provide you with:



Julie's Pamper trolley – provision of free products for hair care and body you may not have with you.



Dave's Snack trolley – free to use snack trolley for patients.

Individual sleep pack – including an eye mask and ear plugs.

Boredom breakers – you can receive free WIFI, to watch TV or listen to the radio on your own devices. Books, games and other activities can be found in our entertainment cupboard.

Hydration is key – are you thirsty? We have alternatives to water, just ask and we will provide juice, tea, coffee, ice and ice-lollies.

Visiting hours

Our visiting hours are 2.00pm to 8.00pm.

Please try to avoid visiting between 5.00pm and 6.00pm due to mealtimes, unless directly assisting or supporting a patient with their nutritional needs.

2 visitors per patient bedside.

Telephone: 01522 597711

If you require any more information during your stay, please do not hesitate to ask a member of staff. We are always happy to help and assist with any questions.

United Lincolnshire Teaching Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language or alternative format, please email the Patient Information team at <u>ulth.patient.information@nhs.net</u>