

# Foundation Job Description

<b>Foundation School</b>		<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>			
Trent		TL023 <b>MUST BE CAR USER</b>			
<b>Grade</b>	<b>Specialty:</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>		<b>Sub-specialty (If appropriate)</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>		
F2	Psychiatry		General Adults		
<b>Site:</b>		<b>Trust:</b>			
Dr Toby Greenall, Ash Villa, Sleaford		Lincolnshire Partnership NHS Foundation Trust			
<b>Main Duties:</b>					
<b>Job Description</b>					
<b>Female Inpatient Placement (Ash Villa, Sleaford)</b>					
<p>Ash Villa is a 15 bed, in-patient, female, acute mental health treatment ward. Situated in Greylees, Sleaford, Lincolnshire.</p> <p>The aim is to provide a safe and caring environment at Ash villa for those females who are experiencing an episode of acute mental health illness. To ensure their needs are identified through a range of assessments and that interventions and care are provided to an excellent standard from them being admitted to the ward.</p> <p>We are passionate about providing trauma informed, individualised and compassionate care here at Ash Villa and we are really looking forward to you coming on board on that mission!</p> <p>Ash Villa has an MDT including Psychiatry, Psychology, Nursing, OT and Social Work Team.</p> <p>You will be sent a 'Guide to Ash Villa' prior to starting with further information.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward Round	Trauma Informed Case Discussion  Ward round	New Admission Clerking  Ward Work / Admin	Term time: Post Grad Academic programme via Microsoft Teams  outside term: Ward work	Ward Round
<b>Lunchtime</b>					
<b>PM</b>	Ward Round  Supervision with CS	Ward Round	Ward Work / Admin  Medical Student Teaching	Foundation Programme teaching  Admin work / Tribunals / Professionals Meetings	Admin work

### **Educational Activities:**

- Monday Afternoon: Supervision with CS.
- Thursday 09:30 - 12:30 Post Grad Programme (Psychiatry), Thursday 12:00 - 14:00 Foundation Programme Training.
- Research, Audit and Quality Improvement - The trainee can participate in these as agreed with the supervising consultant.
- Medical Students from Lincoln Medical School rotate through Ash Villa on a three-week cycle on Tuesdays and Wednesdays. There are opportunities to be involved in medical education supporting them.

### **Other Comments (if appropriate):**

There is a daily ward MDT Morning Meeting 9:30 – 10am

There is the opportunity to be supported to set-up psychoeducational groups for patients on the ward

Foundation doctors will be entitled to access an average of 2 hours SDT per week which must be taken on site.

**Note:** Must be a car user

### **Competency Based Entrusted Activity Progression**

#### **Month 1 – Establishing the basics**

##### **Aims**

To gain an understanding of basic psychiatric skills including mental state examination and psychiatric history taking

To gain an understanding of MDT working in mental health teams in the community and inpatient setting

To gain an understanding of the management of patients with long term conditions

##### **Objectives**

1. To complete a Case Based Discussion (CBD) WPBA reflecting on a case that the FY1 has found interesting
2. To observe a new patient clerking and help gather past information / complete Ash Villa clerking proforma
3. To perform an MSE on a patient and write it up and gain feedback on this
4. To present a patient history in a formulation meeting / ward round
5. To work with a patient with a severe and enduring mental illness as the allocated medic and to reflect on the impact of chronic mental health conditions in e-portfolio
6. To observe and reflect on MDT working within the MDT ward round

#### **Month 2 – Gaining Competence**

##### **Aims**

To gain an understanding of the use of the Mental Health Act and Mental Capacity Act

To build on skills in management of long term health conditions, including prevention and management of physical health co-morbidities

To build on basic psychiatric skills, including MSE, history taking, and formulation

To gain an understanding of basic prescribing in mental health, including patient safety issues

To gain an understanding of risk assessment

### **Objectives**

1. To perform a 'LESTER' tool assessment with a patient and discuss physical healthcare management in patients with severe and enduring mental health problems in supervision
2. To complete a risk assessment for a patient due for discharge and a new admission
3. To complete a new patient clerking predominantly independently with direct supervision (or with video recording) by a senior clinician with feedback obtained via a WPBA
4. To develop a bio-psycho-social formulation for one of your allocated patients and discuss this in supervision
5. To gain feedback on safe prescribing
6. To discuss a case with a senior clinician where the use of the MCA has been a prominent feature and obtain feedback on this discussion from a WPBA

### **Month 3 – Competence towards independent practice**

#### **Aims**

To demonstrate clear competence in core medical skills

To be able to demonstrate an understanding of holistic care for patients with long-term conditions

To gain competence in performing basic psychiatric skills

To have an understanding of your role, including medical leadership, within the teams you are working

#### **Objectives**

1. To have gained feedback in the physical assessment and examination of a new patient admitted to Ash Villa, including ECG and venepuncture as required
2. To formulate a management plan of a new patient / a patient allocated to you with supervision
3. To undertake clerking of a new patient (OOH for FY2) without direct observation and present findings and initial management plan to a senior clinician for feedback and completion of a WPBA
4. Complete a multi-source feedback assessment

### **Month 4 – Exploring special interests**

#### **Aims**

To gain experience of mental health care in other environments, including acute hospitals (liaison), prisons (forensic) and with children and young people according to FY doctor's interests

To gain an understanding of psychotherapeutic interventions

To gain an understanding of the broader structures in the NHS and their functioning

#### **Objectives**

1. To attend a special interest session of the foundation doctor's choice in either liaison psychiatry, forensic psychiatry or CAMHS
2. To attend reflective practice and case discussion sessions
3. To consider spending a day within the local integrated care board team or medical management team

### **Across the Placement**

#### **Aims**

To continue your professional development

To gain understanding of and skills in undertaking audit and quality improvement

Building on skills in management of the acutely physically unwell patient

To develop skills of reflective practice

**Objectives**

1. To identify a potential quality improvement or audit project by the end of month 1
2. To attend weekly foundation program teaching
3. Responding to nursing staff concerns re. NEWS scores and potentially physically unwell patients and gaining feedback on your response
4. Has a plan to complete Advanced or Intermediate Life Support and is aware of how a cardiac or respiratory arrest situation would be managed in the inpatient psychiatric setting
5. To attend clinical supervision and to discuss reflective practice as a part of this

**Disclaimer:** Please note that the placement information provided is subject to change.