# **Foundation Job Description**

Foundation School		Programme No. (e.g. L006 OR T102)  Can be found on the Trent/LNR Allocation Spreadsheet		
Trent		TL006		
Grade	Specialty:  If General (Internal) Medicine  OR General Surgery, please  provide a sub-specialty		Sub-specialty (If appropriate) If General (Internal) Medicine OR General Surgery, please provide a sub-specialty	
F2	Psychiatry		Older Adults	
Site:		Trust:		
Dr V Waykar, Department of Psychiatry, Pilgrim Hospital, Boston		Lincolnshire Partnership NHS Foundation Trust		

#### **Main Duties:**

### **Job Description**

**Older Adult Psychiatry, Lincolnshire Partnership Foundation NHS Trust, Pilgrim Hospital Boston** The FT2 post is based in Department of Psychiatry, Boston.

This post provides wider experience in Older Adult Psychiatry service within Older Adult Community Mental Health Team and Mental Health Liaison Team (MHLT). The post offers an opportunity for the F2 doctor to gain community experience by conducting outpatient clinics under supervision. There will be opportunities to take history, conduct mental state examination under supervision of Dr Waykar who will highlight the main learning points with the trainee. The post holder will have the opportunity to see patients with functional illness - such as Chronic Schizophrenia, Bipolar Affective Disorder, Anxiety disorder, Mood disorders and organic illness including Alzheimer's Dementia, Vascular dementia, Frontotemporal dementia, Lewy body dementia, Parkinson's disease dementia.

Memory Clinic is multidisciplinary clinic held in Boston and CMHT sites. Memory Clinic offers multidisciplinary team (MDT) experience where patients with cognitive impairment are assessed by different members of the team including CPN, OT, psychologist, and medic.

This post offers an opportunity to attend MDT meetings where new referrals are discussed, and the decisions are made about the care plans. There will be opportunities to do Domiciliary visits for assessments and the trainee will have opportunity to accompany community psychiatric nurses, OT for assessments.

Mental Health Liaison Team (MHLT) is based at the Department of Psychiatry, Boston who respond to referrals from acute hospital with mental health problems. The team provides multidisciplinary input to patients from Pilgrim hospital who are referred with mental health problems. Trainee will have opportunity to see patients with Dr Waykar with suspected delirium, cognitive impairment as well as depression, psychosis when they are admitted to acute wards.

Example Timetable								
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.								
	Mon	Tues	Weds	Thurs	Fri			
АМ	MHLT; Joint Assessments with CPNs	CMHT/ MHLT work	Special Interest Day (CAMHS, Old Age, Crisis team etc.)	Academic programme at Post Graduate Teaching via MS Teams (Case Conference, Journal Club and invited speakers) for FT2 trainee.	CMHT, Outpatient Clinic			
Lunchtime								
PM	MHLT/CMHT	CPAs	Special Interest Day (CAMHS, Old Age, Crisis team etc.)	12:00- 14:00 Teaching Pilgrim Hospital, Boston Supervision with Dr Waykar/Audit	CPAs			

## **Educational Activities:**

Thursday: 09:30 - 12:30 Post Grad Programme (Psychiatry).

Thursday: 12:00-14:00 Foundation programme teaching Boston Pilgrim Hospital.

Thursday afternoon: Supervision with CS.

Research and Audit - The trainee can participate in audit and research as agreed with the supervising

Research

consultant.

# Other Comments (if appropriate):

One day per week for a special interest depending on the foundation preference. In the timetable it is Wednesday but can be changed to another day if necessary following discussion and agreement with the Clinical Supervisor.

Foundation doctors will be entitled to access an average of 2 hours SDT per week which should be taken on site.

**Disclaimer:** Please note that the placement information provided is subject to change.