Foundation Job Description

Foundation School		Programme No. (e.g. L006 OR T102) Can be found on the Trent/LNR Allocation Spreadsheet		
Trent		TL008 (Must Hold Driver's License)		
Grade	Specialty: If General (Internal) Medicine OR General Surgery, please provide a sub-specialty		Sub-specialty (If appropriate) If General (Internal) Medicine OR General Surgery, please provide a sub-specialty	
F1	Psychiatry		Intellectual Disabilities	
Site:		Trust:		
Dr P Speight, Beech House, Toot Lane, Fishtoft, Boston. PE21 0AX		LPFT		

Main Duties:

Job Description Observation of the consultant performing patient assessments in the outpatient clinic

- Exposure to the assessment and treatment of complex psychiatric problems in people with ID
- Exposure to the assessment and treatment of epilepsy• Assessment and investigation of physical healthcare problems for community patients as necessary
- · Attendance at the weekly ID team meeting where patient problems are discussed and new referrals considered
- · Weekly general psychiatry case presentations and journal clubs in the Postgraduate Programme
- LD case presentations and ID audit presentations
- Training in autism, challenging behaviour, epilepsy, and dementia from Dr Speight as required
- · Observation of the consultant interviewing people with communication difficulties, and the opportunity to then conduct such interviews.
- Opportunity to complete an audit
- To take a full psychiatric history from a patient with a learning disability and their carer/support worker
- To document a full mental state examination of a patient with ID
- To develop an understanding of capacity and consent issues in people with ID, particularly in relation to the Mental Capacity Act
- To be able to assess a patient with ID who also has a mental health disorder
- To accurately assess the physical healthcare needs of a patient with ID who has a concurrent psychiatric disorder
- To liaise with the patient's GP and organise appropriate medical investigations as appropriate (e.g. blood tests, ECG,etc)
- To design and carry out an audit
- To understand the various roles and responsibilities of other members of the multidisciplinary team
- To develop expertise in interviewing patients with communication difficulties
- To liaise with the patient and their carer/support worker before deciding on appropriate treatment of psychiatric disorder
- To initiate simple psychiatric medical treatments under direct consultant supervision
- To gain an understanding of challenging behaviour

Nurses

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.								
	Mon	Tues	Weds	Thurs	Fri			
AM	Patient reviews with consultant/audit	Ward 12	East team meeting, Boston	09:30 - 12:30Postgraduate teaching, via MS Teams (weekly)	Louth clinic with Dr Speight (every 2 weeks)/home visits			
Lunchtime		FY1 Teaching 12 - 2:10pm			Supervision with Dr Speight			
PM	Liaison with GPs/ physical healthcare monitoring/ liaison with Health Liaison	Ward 12	Formulation meeting/patient reviews	Administration and Audit	Louth home visitsLD Case Presentation (monthly)			

Educational Activities:

Tuesday 12.00-14.00 F1 Teaching Thursday 09.30 - 12.30 Post Grad Programme (Psychiatry) on MS TeamsFriday: Supervision with CSResearch and Audit - The trainee can participate in audit and research as agreed with the supervising consultant. F1's starting in August only (first posts for foundation trainees in year 1) will be spending one whole day every two weeks at Pilgrim Hospital medical admission unit to enhance their clinical skills in medicine. This has to be arranged with the clinical supervisor to ensure that there will be no distruption to Junior Doctor cover in the psychiatry placement.

Other Comments (if appropriate):

The F1 will have the opportunity to spend 1 day a week in Ward 12 (acute adult mental health unit) in Pilgrim Hospital. The F1 must be able to drive and access to their own car.

Foundation doctors will be entitled to access an average of 2 hours SDT per week.

Disclaimer: Please note that the placement information provided is subject to change.