

Foundation Job Description

Foundation School		Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>			
Trent		TL007, TL009			
Grade	Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (If appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>			
F1	General (Internal) Medicine	HCOP (Geriatric medicine)			
Site:		Trust:			
Pilgrim Hospital		ULHT			
Main Duties:					
<p>The post is mainly based in HCOP wards: 6A (female) and 6B (male) which have 28 beds each one and are dedicated to elderly patients (>75 years old) with complex needs of the area of South and East Lincolnshire. Each ward has 2 full time consultants, a registrar, 1 Core trainees or equivalent, a GP trainee as well as the FY1. There is a multidisciplinary team in each ward with nurses, Occupational therapists, physiotherapists, dietitian and social worker who contribute to the education of the doctors in training and participate in the MDT meeting every morning where the plans for each patient are discussed taking in account functional, mental and social situation.</p> <p>The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the other trainees and consultants. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to allow the trainee to meet their Intended Learning Objectives for the foundation programme. The HCOP wards offer a safe learning environment and the opportunity to experience work with elderly patients and relatives. The trainees will have the opportunity to participate and learn how to perform comprehensive geriatric assessment and frailty assessment and manage patients with multiple comorbidities in a holistic and patient-centered way. The trainees are predominantly ward based and they participate in the routine of daily MDT and ward round in the morning and doing the jobs including bloods, Catheters, ABGs, pleural taps and other procedures under supervision, etc., in the afternoon. At the end of the day, the cases identified as complicated will be discussed with a senior as well as any doubt about the management of the other patients. But also there is teaching and opportunities of supervising medical students in a range of undergraduate placements, involvement in audits and QI projects, participation in outpatient clinics (at least twice during the attachment) and a short rotation in Frailty Services. The trainees are expected to take part in General Medicine on call rota for out of hours and weekends.</p> <p>The Clinical supervisors can be Dr Zubiaga or Dr Castejon-Morales, Consultant Geriatricians.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.					
	Mon	Tues	Weds	Thurs	Fri
AM	Ward round/Ward Work	Ward round/Ward Work	Ward round/Ward Work	Ward round/Ward Work	Ward round/Ward Work
Lunchtime		FY1 Teaching 12 - 2:10pm		Medical Radiology meeting	Grand Round

PM	E/C Teaching /Ward Round/Ward Work	Ward Round/Ward Work	Ward Round/Ward Work	Ward Work. Parkinson's clinics 2 clinics in the rotation	Ward Work. Falls clinics 2 in the rotation
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Educational Activities:

The trainees are expected to attend and participate in HCOP and general medicine governance and audit meetings as well as weekly HCOP meeting where a part of the Geriatric medical team present a topic of interest (reviewing the evidence and guidelines) with the opportunity of improving teaching and presentation skills.

The trainees will be encouraged to participate in QI projects and audits for HCOP.

Weekly General medicine Grand round and Medicine radiology meeting. The foundation doctor will have the opportunity of teaching and supervising medical students in a range of undergraduate placement.

This rotation offers the opportunity to learn:

- how to perform Compressive geriatric assessments and to assess cognitive/mental issues in Elderly
- understand the complexity of frail elderly people, especially during the attachment in the Frailty Service.
- How to assess and manage Polypharmacy, the importance of doing it and how to apply STOPP-Start criteria.
- Participating in the clinics to learn how to review a patient with falls and how to diagnosis a patient with Parkinson's disease (criteria and different treatments available) among others.

Other Comments (if appropriate):

Disclaimer: Please note that the placement information provided is subject to change.