

# Foundation Job Description

<b>Foundation School</b>		<b>Programme No. (e.g. L006 OR TD102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>			
Trent		TL002 / TL003 / TL006 / TL014 / TL016 / TL017 / TL018 / TL019 / TL020 / TL022 / TL023 / TL025 / TL028			
<b>Grade</b>	<b>Specialty:</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>			<b>Sub-specialty (If appropriate)</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	
FY1	General Surgery			General Surgery	
<b>Site:</b>			<b>Trust:</b>		
Lincoln county hospital			United Lincolnshire Hospitals NHS		
<b>Main Duties:</b>					
<ul style="list-style-type: none"> <li>This post will be based in the General Surgery department at Lincoln County hospital in Lincoln.</li> <li>The department comprises of 10 Consultants, 1 Associate Specialist, 1 staff grade registrar, 2 Specialty Trainees (ST), 5 Specialty doctors and 15 Foundation trainees. The foundation trainee will have access to all the necessary resources to successfully fulfil the requirements of the Foundation Curriculum. They will receive continuous supervision and support from all the members of the general surgery department. This placement provides direct supervision of clinical practice and workplace-based assessments, facilitating the trainees in achieving their Intended Learning objectives. An Educational and Clinical Supervisor(s) will be assigned to oversee the placement. All Consultants/SAS members are actively involved in mentoring the trainees, with dedicated time allocated throughout the working week for supervision meetings</li> <li>The Foundation Year 1 (FY1) doctors at Lincoln provide coverage from 0800 to 1700 hours, Monday to Friday, during their Normal Working Day (NWD).</li> <li>The FY1 doctors are assigned On-Call duties for the Surgical Emergency Assessment Unit (SEAU) from 0800 to 2000, Monday to Thursday, and Friday to Sunday.</li> <li>The FY1 doctors on 1<sup>st</sup> On-Call duties covering the wards are scheduled from 0800 to 2000, Monday to Thursday, and Friday to Sunday.</li> <li>The FY1 doctors on 2<sup>nd</sup> On-Call duties covering the wards (only Saturday and Sunday) are scheduled from 0800 to 1700.</li> <li>The FY1 doctors assigned to night duty report to the Hospital at Night (H@N) from 2000 to 0800, Monday to Thursday, and Friday to Sunday.</li> </ul>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward	Ward	Ward	Ward	Ward
<b>Lunchtime</b>		FY1 protected teaching	Specialty departmental teaching		
<b>PM</b>	Ward	Ward	Ward	Ward	Ward
<b>Educational Activities:</b>					
<ul style="list-style-type: none"> <li>The active participation in the daily senior-led ward round serves as a valuable opportunity for teaching</li> </ul>					

- The lunchtime departmental teaching sessions provide a valuable platform for FY1 doctors to engage in presenting and educating on prevalent general surgical diseases.
- Every Tuesdays at lunchtime there is the foundation protected teaching

On a monthly basis, an audit and clinical governance meeting is held in Lincoln, which you are expected to be able to attend remotely via the Teams

#### **Other Comments (if appropriate):**

Curriculum outcomes that can be achieved:

##### **Professionalism:**

It is expected that you adhere to the guidelines provided by the General Medical Council (GMC) in all your interactions with patients, relatives/careers, and colleagues. Your active engagement with the e-portfolio process is anticipated, and as a department, we will provide support, although ultimately it remains your responsibility. Ensuring appropriate coverage during periods of leave and adhering to the departmental sickness policy, as outlined during induction, is your responsibility. Punctuality for all duties, including handovers, clinical commitments, and teaching sessions, is expected. You will be granted time for FY1 teaching, unless there are exceptional circumstances, but it is important to notify your consultant at the beginning of your shift if you need to attend. Organizing and prioritizing your workload is a routine expectation, while seeking senior guidance is always encouraged.

##### **Communicates clearly in a variety of settings:**

This attachment will provide you with opportunities to develop and enhance your communication skills in the medical field. You will focus on improving both verbal and written communication. Verbal communication skills will be honed through interactions with colleagues, allied healthcare professionals, senior staff, and patients/families. Written communication skills will be cultivated through activities such as note-keeping during ward rounds, documenting test results, and composing clear and informative discharge summaries.

##### **Works effectively as a team member**

Your responsibilities include actively participating in daily structured handovers and board rounds to ensure the ongoing safety and care of patients, as well as making necessary arrangements for cover. It is expected that you function as a valuable member of the multidisciplinary professional team by demonstrating support, respect, and receptiveness to the viewpoints of other healthcare professionals. Working cohesively with others towards a common goal is essential.

##### **Demonstrates leadership skills**

As an FY1 on the unit, you hold a significant role as a valuable resource for medical students who are undertaking rotations within the unit. Your responsibilities also extend to offering general support to these students, assisting them in their educational endeavors.

##### **Clinical care**

you will have the opportunity to gain experience in providing ward care for major cases, including pre-assessment and post-operative care. Additionally, there is the option to attend theatre during self-directed teaching time (SDTs). This placement offers valuable opportunities for skill enhancement, such as venepuncture, cannulation (as well as ultrasound-guided) and NG tube insertion.

##### **Recognizes, assesses and initiates the management of the acutely ill patient**

This placement offers abundant exposure to sick or deteriorating patients, allowing you to develop skills in recognising and promptly responding to changes in NEWS, assessing acutely unwell patients using the ABCDE approach, and delivering immediate therapy. Senior doctors will be readily available to assist in managing critically ill patients.

### **Obtains history, performs clinical examination, formulates differential diagnosis and management plan**

You will have ample opportunities for regular patient reviews, including those patients identified by nursing staff as having deteriorated or developed new problems. This will provide you with valuable experience in managing such cases and building your expertise in this area.

### **Requests relevant investigations and acts upon results**

A wide range of investigations will be encountered during this placement. You will gain practical experience in requesting investigations for patients you assess, as well as through the guidance of requested investigations for patients with specific presentations. It is expected that all results of investigations are meticulously documented in patients' case notes. Feedback on the interpretation of investigations will be provided during ward rounds and when presenting patients, you have evaluated to the consultant.

### **Prescribes safely**

In a fast-paced clinical setting with frequent interruptions, it is crucial to exercise caution to prevent prescription errors. Fortunately, we have the support of a dedicated ward pharmacist who can be consulted for advice and guidance when needed.

### **Performs procedures safely**

Throughout your tenure, you may have the opportunity to actively participate or perform, under direct supervision, various medical procedures, including but not limited to:

- NG tube insertion
- Minor procedures such as incision and drainage

### **Safety & Quality**

Recognises and works within limits of personal competence

As an FY1, it is essential to acknowledge and operate within the boundaries of your personal competence. Within this unit, you will receive substantial support from senior staff, and it is imperative that you never find yourself working beyond your level of expertise. In the event that you experience such a situation, you are strongly encouraged to promptly inform a senior member of staff and clearly communicate any concerns you may have. Your ongoing competence will be upheld and enhanced through the completion of workplace-based assessments and active participation in organized teaching sessions.

### **Makes patient safety a priority in clinical practice**

FY1 doctors are expected to acquaint themselves with the incident reporting processes established by the Trust and are strongly encouraged to utilize these procedures when witnessing any occurrences that may potentially compromise patient safety. Additionally, it is advisable to reflect upon such incidents in your portfolio, taking into consideration the role of human factors. Strict adherence to Trust protocols governing the management of medical conditions, which are accessible through the Trust intranet, is obligatory. Similarly, compliance with the Trust's infection control policy is imperative.

You are expected to take part in Audit and present at the Clinical Governance meetings.

Regular meetings with your clinical supervisor will be held to provide feedback and support your progress. Your clinical supervisor will also facilitate opportunities for you to undertake Structured Learning Events (SLEs) and receive feedback on them. Additionally, a placement supervision group is in place to augment the quality of feedback provided by your clinical supervisor. The Trust offers various educational teaching opportunities, which can be explored further in the Medical Education Teaching Opportunities booklet.

**Disclaimer:** Please note that the placement information provided is subject to change.