

# Coronary Angiogram/Angioplasty – AngioSeal Closure Device

**Reference Number:** ULHT-LFT-3177 v2

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**OUTSTANDING CARE**  
*personally* **DELIVERED**

## Following your procedure

A small device called an Angioseal was used to close the puncture in the artery at the top of your leg. This plug is made from collagen and your body will naturally absorb it over the next 60 to 90 days.

Keep the Angioseal card with you for around 3 months and ensure you inform your doctor if you have any further treatment in this area.

It is advisable to go straight home following discharge from hospital. Do not drive yourself home, please arrange for somebody to collect you.

You should have a friend or relative at home with you during the first night of your procedure and access to a telephone.

## Caring for your leg over the following 48 hours

- No heavy lifting or strenuous activity, housework, walking too far or sexual intercourse
- No driving for 2 days post Angiogram (no stent)
- No driving for 7 days post Angioplasty (stent insertion)
- Remove the protective clear dressing after 24 hours
- You can have a shower 24 hours after your procedure but it is advisable not to have a bath for a few days as this may cause further bleeding.

## Observations post procedure

It is important to observe the groin/leg after your procedure for the following:

**Bruising:** This is normal, however, if a painful lump or swelling occurs contact the nursing staff in the Cardiac Catheter Lab (see telephone number on page 3).

**Bleeding:** If you bleed profusely from the site, firmly press with a towel over the area. **Dial 999 for an ambulance immediately.**

If your leg becomes painful, feels cooler or looks a different colour from the other leg, **please contact the nursing staff in the Cardiac Catheter Lab or visit your nearest A&E department urgently.**

**You may be able to feel a pea sized lump in your groin - this is normal and will disappear in a few months.**

## Information after your procedure

We advise you to drink plenty of fluid after your procedure, particularly water over the following few days. Please refrain from drinking alcohol on the evening after your procedure.

Contact your GP if any of the following symptoms occur:

- Fever
- Redness and/or warm to touch
- Persistent tenderness or swelling in the groin
- Numbness or pain in the leg when walking
- Any drainage from puncture site
- Rash

## Medications

If you take **Metformin** for diabetes please restart this 48 hours after the procedure, unless otherwise instructed.

If you take **Warfarin** or any other **Anticoagulant** that you were instructed to stop - you may restart this on the evening of the procedure - unless otherwise informed. Take your normal dose. If you take **Warfarin** you should arrange a blood test to check your INR within the next 5 days.

If you have stopped any other medications you will be given instructions when to restart these. You may require a blood test and a form will be provided to enable this. We will inform you when to restart your medication once we have received the blood results.

The Lincolnshire Heart Centre, Cardiac Catheter Lab

Lincoln County Hospital

Telephone: 01522 512512 ex 582648

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