

Useful information for patients who are homeless

Lincoln and surrounding area

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Alcohol and drug use

The A & E Department sees some homeless people who have problems with alcohol or drugs. If you are one of them then there are several things we can do for you:

- Check that your blood sugar level is within normal range.
- Treat you with vitamins if you are in a confused or drowsy state.
- Offer you a prescription for vitamins if you are in danger of a severe deficiency.
- Fax a referral for you to the Drug and Alcohol Rehabilitation Team (DART), with your consent. DART will need a way of contacting you over the next few days. If you are staying in Nomad or the YMCA, the staff there will be happy to have the referral sent to them, on your behalf.

If you have no fixed abode at the moment then We Are With You (previously Addaction) are probably the best service for you to contact. They are easy to find as they are in the City Centre. They can be found at:

The New Avenue

26-30 Newland

Lincoln LN1 1XG

Their telephone numbers are:

01522 305518

24/7 Helpline 0808 131113

If you are registered with a GP, they should also be able to arrange help for you.

Foodbanks

Bridge Community Venue

107-115 Newark Road, Lincoln, LN5 8NQ

Monday: 10.00am to 12.00pm

Tuesday: 3.30pm to 5.30pm

Wednesday: 10.00am to 12.00pm

Friday: 10.00am to 12.00pm

Moorland Park Methodist Church

46 Skellingthorpe Road, Lincoln, LN6 7RB

Tuesday: 1.00pm to 3.00pm

Thursday 10.00am to 12.00pm

Central Methodist Church

123 High Street, Lincoln, LN5 7PR

Thursday 10.30am to 1.00pm

Birchwood Life Church

127 Birchwood Avenue, Lincoln, LN6 0JE

Monday: 9.00am to 12.00pm

Tuesday: 9.00am to 12.00pm

Wednesday: 9.00am to 12.00pm

Thursday: 9.00am to 12.00pm

Friday: 9.00am to 12.00pm

For further information on these foodbanks telephone: 01522 542166.

The P3 homeless outreach service

P3 are funded by Lincolnshire County Council to provide two services in the county:

- Floating Support - who work with people to maintain their tenancies and live independently, aiming to prevent people becoming homeless.
- Street Outreach - who work with people who have found themselves rough sleeping.

Both services have the combined aim to work closely with individuals and positively tackle homelessness across the county.

Contact details (they have an answerphone out of hours): 0808 2810 280

www.p3charity.org



The Nomad Trust Night Shelter

The Nomad Trust at 15a Monks Road in Lincoln (LN2 5HL) provides rough sleepers and the homeless of Lincoln City an emergency bed.

They can accommodate 23 people per night and up to 26 during the severe weather, when severe weather emergency protocols are active. When the shelter is full, they are there to offer blankets, hot drinks, food and clothing. The service users sleep in dormitories and there are showers and laundry facilities available. They also provide a hot meal in the evenings plus breakfast in the morning.

The shelter is open 365 nights a year and they also offer support services during the day to help with housing, benefits, doctors registration and much more. They also have an on-site Mental Health worker. The night shelter opens at 8.30pm. People need to be there by 8.25pm. Agencies can call 'out-of-hours' to make an emergency referral.

Contact details:

- 01522 883703 (Monday to Friday, 9.00am to 4.00pm)
- 07494 130764 (out of hours 8.30pm to 8.00am)
- office@nomadtrust.org.uk
- www.nomadtrust.org.uk
- Facebook-The Nomad Trust
- Twitter @NomadTrust

Local Council information

West Lindsey District Council:

Guildhall, Marshall's Yard, Gainsborough DN21 2NA

Telephone: 01427 676676

East Lindsey District Council:

Tedder Hall, Manby Park, Louth, LN11 8UP

Telephone: 01507 601111

South Holland District Council:

Council Offices, Priory Road, Spalding, Lincolnshire, PE11 2XE

Telephone: 01775 761161

South Kesteven District Council:

St Peters Hill, Grantham NG31 6PZ

3 Abbey Road, Bourne PE10 9EF

Telephone: 01476 406080

North Kesteven District Council:

District Council Offices, Kesteven Street, Sleaford NG34 7EF

Telephone: 01529 414155

Boston Borough District Council:

Municipal Buildings, West Street, Boston PE21 8QR

Telephone: 01205 314200

Lincoln District Council:

City Hall, Beaumont Fee, Lincoln, LN1 1DD

Telephone: 01522 873355

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www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust

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