

Leaving Hospital





When you feel better you can leave hospital.

Leaving hospital is called **discharge**.



The doctors and nurses will talk to you every day about why you are in hospital and when they think you can leave.



If you are not sure when you are going to leave you can ask the staff on the ward.



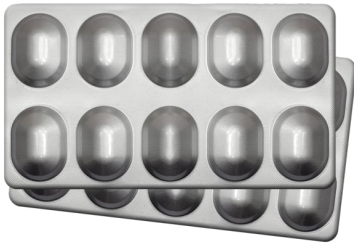
We might ask a social worker to find out if you need any extra support.

They will talk to you and your family or the people who support you about this.



We might have a meeting to talk about you going home.

Your medicines



The nurse will tell you about these and explain:

- What they are for
- When to take them



A letter will be sent to your GP.

This will tell them why you were in hospital.



Ask someone to take you home.

Ask them to bring you some clothes if you need them.



Make sure there is someone at home to look after you.

If you need any help at home please tell the nurses.



The doctor at the hospital may want to see you again.

We will make an appointment before you leave or send you a letter by post.



You might need to take some hospital equipment home to help you to get better.



When you do not need it anymore we will need it back.

Please return any equipment when you are finished with it so we can use it to help other patients.

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References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

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