

# Having an X-ray





An X-ray takes pictures of the inside of your body and bones.

If you are hurt, your doctor may want you to have an X-ray.



Sometimes, if you are very ill or hurt, you may need to go to the Accident and Emergency department (A&E) and they might send you for an X-ray.



You can have someone with you.



When you arrive at the X-ray department, the receptionist will ask for your name and address.

They will ask you to wait in a waiting area.

When the radiographer is ready for you, they will call your name.



For some X-rays, you may need to get changed and put on a hospital gown.

You will go from the changing room to the X-ray room.



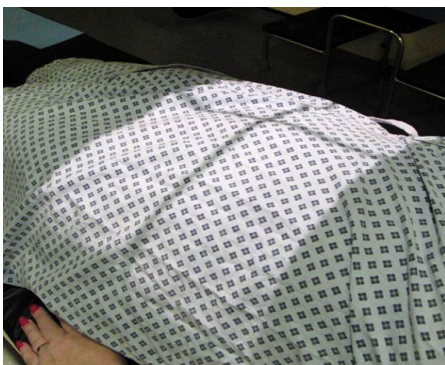
The radiographer may also ask you to take off your jewellery or watch, if it is near where you are hurt.

Give them to the person supporting you to look after.

You can put them back on after the X-ray.



The radiographer will tell you what they are doing.



They will line up the X-ray machine to the part of your body they want to take a picture of.



The radiographer will ask you to stay very still and will then go behind a screen to press a button. This will beep while the X-ray is being taken.



The person supporting you can stay in the room with you but may be asked to stand away from the machine and wear a protective apron.

The X-ray will only take a few seconds and will not hurt.



The radiographer will then check the X-ray to make sure the right area has been taken.



You can then go and get dressed.

They will tell you what to do after having your X-ray.



The results of the x-ray will be looked at by your doctor who will decide what treatment you need, if any.



You can then leave the hospital.



If you or the person supporting you needs help while you are in the hospital, please ask a member of staff.

Reference Number: ULHT-LFT-1043

Issued: October 2023

Review Date: October 2025

Version: 2

## References

If you require a full list of references for this leaflet please email [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)

United Lincolnshire Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio or braille, please email the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)



[www.ulh.nhs.uk](http://www.ulh.nhs.uk)