

Our colorectal support group provides a chance to share your experiences and connect with other patients who have a colorectal cancer diagnosis. Your family and friends are also welcome to attend.

This friendly and informal group meets every month. Refreshments are provided as well as holistic support. The meetings will feature demonstrations, activities and talks to help support you and your family.

Lincoln meetings are from 1pm to 3pm at the St Barnabas Wellbeing Centre, Hawthorn Road, Lincoln, LN2 4QX. They are in January, March, May, July, September and November.

Boston meetings are from 12.30pm to 2.30pm at Novak House, Endeavour Park, Boston, PE21 7TT. They are in February, April, June, August, October and December.

For more information on the group please contact Dawn (01522 573776) or Laura (01205 446466) or via email; colorectalcsg@ulh.nhs.uk, alternatively you can speak with your Colorectal Nurse or Cancer Care Coordinator.



## **Brought to you by:**

NHS Lincolnshire Integrated Care Board United Lincolnshire Hospitals NHS Trust



