

# Inpatient Information Criteria Led Discharge

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You have been given this leaflet to help you understand the new discharge process called Criteria Led Discharge. This will help you prepare to leave the hospital and it is important we inform you of this new process, so you understand more about your care.

## What is Criteria Led Discharge?

Criteria Led Discharge is a process that makes sure your discharge from hospital is not delayed and that you can safely go home or to another care setting as soon as you are medically ready.

Your Doctor will identify the criteria (goals) that are personalised to your circumstances. These criteria will be written in your medical record. When those criteria are met you will be able to be discharged from hospital safely by one of our healthcare professionals without having to wait for another review from a doctor.

### Talk with your doctor

Your doctor will discuss the criteria with you and make sure that you understand the process.

### Develop Criteria

You and your doctor will agree on the set of criteria that should be met before you can be discharged.

### Progress Monitored

A health care professional will monitor the agreed criteria and mark them as complete, once they have been met.

### Discharge

Criteria have all been met. You can now be discharged from hospital.



## Some benefits of Criteria Led Discharge

- It clearly outlines what must happen before you can be discharged.
- You spend less time in hospital because decisions about your discharge from hospital are made earlier in your stay.
- You can plan ahead for leaving the hospital.

## How will you know you have met your criteria?

A healthcare professional will confirm you have met the criteria set out by your doctor. If at any point there are any concerns or need for clarification your ward team will contact your doctor for another review.

## Does this mean you will not see a doctor at all?

No. These decisions will be led by your doctor and they will continue to see you throughout your hospital stay. Criteria Led Discharge means that you and the team have agreed on a set of criteria. A healthcare professional will monitor that these have been met and you will be able to be discharged from hospital without waiting for your doctor. You will not be discharged until all the criteria are met.

## Before you leave the hospital please make sure you:

- Have your keys to your property, or someone is there to let you in
- Understand the plan for you to manage after discharge (including medications, outpatient appointments and home-based or community services)
- Know who to contact if you do not feel well

If you have any concerns or questions please speak with the ward managers or nurse in charge.

United Lincolnshire Hospitals NHS Trust has worked with AccessAble to create detailed Access Guides to facilities, wards and departments at our sites.

[www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust](http://www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust)

United Lincolnshire Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)