



OUTSTANDING EDUCATION
personally DELIVERED



**United Lincolnshire
Hospitals**
NHS Trust

Postgraduate Medical Education Department

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Dear F1,

Welcome to Lincoln County Hospital. My name is Tom Southorn and I am the Foundation Year 1 Training Programme Director (F1 TPD). I am also a full time consultant in Paediatric Orthopaedics and Trauma. My role as TPD is to help ensure that you are able to achieve the outcomes necessary for satisfactory completion of your Foundation Year 1, but more importantly to help to ensure you enjoy your time with us over the next 12 months. You will realise that the last 6 months have been unprecedented in the history of the NHS and so there will be a number of changes in the way your training and education are delivered during the coming year. Hopefully these will prove to be useful, enjoyable and informative however if you have concerns or suggestions then please do let us know.

You will be aware that there is an excellent team based in the Post-graduate centre as well as a dedicated group of Educational and Clinical Supervisors who will be able to offer help and guidance as well as meetings and assessments along the way. I would encourage you all to make contact with both ES and CS within the first 2 weeks of the job for your initial meetings. Should you have any concerns that go beyond their roles then I am very happy for you to contact me at any time via PGMC or via email (Tom.southorn@ulh.nhs.uk) or, alternatively, I have an open door policy on a Wednesday morning in my office. This is the ideal time to get forms signed or even just for a chat.

It seems slightly odd to mention the end of the year already but if I have one piece of advice for you it is to keep on top of your e-portfolio, meetings and assessments as this makes passing your ARCP so much easier.

Finally, I wish you all the best of luck and hope you enjoy your time with us. You have all worked exceptionally hard to get where you are and will hopefully start to see that it was worth the effort as I believe that there is no better job out there than being a doctor.

Yours sincerely,

Mr Tom Southorn
Foundation Training Programme Director (FY1)
Lincoln County Hospital