



June 2020

Dear Trainee

I have pleasure in welcoming you to Grantham Hospital, which is a part of the United Lincolnshire Hospitals NHS Trust, in what is an exciting start to your career.

As part of the first year of your postgraduate training, you are allocated a Clinical and an Educational Supervisor. I encourage you to meet with both your supervisors within the first two weeks to identify your education and training needs using your personal development plan and required assessments as a template for this initial discussion. It is mandatory that your clinical supervisors identify a Placement Supervision Group (PSG) that should include senior doctors, nurses, allied healthcare professionals etc., within each rotation. These are the people you will work with often and should be able to provide your clinical supervisor with constructive and comprehensive feedback on your work. This feedback will form part of the discussion with your supervisor at the end of the placement and should inform the content of the end of placement report. Information about your supervisors will be emailed to you soon after you arrive. Your clinical supervisor is the first port of call if you have any concerns regarding your training, rota etc. whilst in a specialty.

We hold bi-monthly Junior Doctor Forum meetings within the Education Centre, which I encourage you to attend. Here you can to discuss any concerns you have regarding your placement, training etc. These meetings are facilitated by Dr Saumya Hebbar, OD Lead Medical Engagement and Development. Representatives from the Education Centre and the Deputy Director of Medical Education also attend to offer advice and can contact Specialty Leads on your behalf if necessary.

As you may be aware, the pandemic has resulted in changes to how we can safely deliver education and formal teaching sessions. For example, there will be no face-to-face induction meeting or mandatory teaching sessions delivered this training year. We are currently arranging for presenters to design video presentations that will be made available to you during protected teaching time with the opportunity for you to ask questions after the sessions. This is work in progress and we are very excited this will be part of the future format for most formal teaching sessions. Mandatory teaching for F1 doctors is every Tuesday 12noon – 2pm.

You will be provided with an Educational Contract from Health Education England. It is very important you meet all of the mandatory requirements for your ARCP (including 30 hours each of core and non-core teaching, SLEs etc.). These are listed in your contract, please keep it safe!

Be professional at all times in your dealings with your work colleagues, patients and even when making entries in your HORUS portfolio. You must ensure your follow Trust policy when informing your team of any absences, make sure you are punctual to work, do not discuss confidential patient information or take records with patient identifiable information outside of the hospital.

If at any time you wish to discuss your career, or have other problems, which you feel unable to discuss with your Supervisors, please do not hesitate to contact me via Wayne Cross, Foundation Programme Co-ordinator. Wayne will be your main source of help; with HORUS, supervisor issues, study leave etc. he has been in the role for many years and is always there to offer support, guidance and will listen to any concerns you may have either personal or professional.

Finally I would encourage you to spend some time seeing what the local areas have to offer. Coming from cities, Grantham and the surrounding area may seem boring, but there are endless amounts of historical heritage. Grantham is also the gateway to Lincolnshire with its A1 links and high speed rail service to London (just over an hour).

Once again welcome and have a great time working in Grantham Hospital.

Dr Rashmi Mathur

Foundation Training Programme Director & Deputy Director of Medical Education.

