



OUTSTANDING EDUCATION
personally DELIVERED

NHS
**United Lincolnshire
Hospitals**
NHS Trust

June 2020

Dear Trainee

It is a pleasure to welcome you to Pilgrim Hospital, which is a part of the United Lincolnshire Hospitals NHS Trust, in what is an exciting start to your career.

As part of the first year of your postgraduate training, you are allocated a Clinical and an Educational Supervisor. I encourage you to meet with both your supervisors within the first two weeks to identify your education and training needs using your personal development plan and required assessments as a template for this initial discussion. It is mandatory that your clinical supervisors identify a Placement Supervision Group (PSG) that should include senior doctors, nurses, allied healthcare professionals etc., within each rotation. These are the people you will work with often and should be able to provide your clinical supervisor with constructive and comprehensive feedback on your work. This feedback will form part of the discussion with your supervisor at the end of the placement and should inform the content of the end of placement report. Information about your supervisors will be emailed to you soon after you arrive. Your clinical supervisor is the first port of call if you have any concerns regarding your training, rota etc. whilst in a specialty.

We hold bi-monthly Junior Doctor Forum meetings within the Education Centre, which I encourage you to attend. Here you can discuss any concerns you have regarding your placement, training etc. These meetings are facilitated by Dr Saumya Hebbar, OD Lead Medical Engagement and Development. Representatives from the Education Centre and the Deputy Director of Medical Education also attend to offer advice and can contact Specialty Leads on your behalf if necessary.

As you may be aware, the pandemic has resulted in changes to how we can safely deliver education and formal teaching sessions. For example, there will be no face-to-face induction meeting or mandatory teaching sessions delivered this training year. We are currently arranging for presenters to design video presentations that will be made available to you during protected teaching time with the opportunity for you to ask questions after the sessions. This is work in progress and we are very excited this will be part of the future format for most formal teaching sessions. Mandatory teaching for F1 doctors is every Tuesday 12noon – 2pm.

You will be provided with an Educational Contract from Health Education England. It is very important you meet all of the mandatory requirements for your ARCP (including 30 hours each of core and non-core teaching, SLEs etc.). These are listed in your contract, please keep it safe!

Be professional at all times in your dealings with your work colleagues, patients and even when making entries in your HORUS portfolio. You must ensure you follow Trust policy when informing your team of any absences, make sure you are punctual to work, do not discuss confidential patient information or take records with patient identifiable information outside of the hospital.

If at any time you wish to discuss your career or other concerns that you feel unable to discuss with your supervisors, please do not hesitate to contact me through Wendy Mulraney, Foundation Programme Co-ordinator in the Education Centre. Wendy will be your main source of support with issues about HORUS, supervisors, study leave etc. She has been in the role for many years and is always keen to offer support, guidance and will listen to any concerns you have - personal or professional.

Finally, I encourage you to spend some of your spare time to enjoy all that Lincolnshire has to offer, locally and also in the City of Lincoln, Skegness and further north in the Wolds. There are many routes for joggers or cyclists and staff in the hospital are always keen to share ideas about hobbies that interest you.

Once again, welcome to the Foundation Programme and to a great time working with us at Pilgrim Hospital.

Olu Falayajo

Dr Akin Falayajo
F1 Training Programme Director

