What does the team do?

The Crisis Resolution Home Treatment Team assess and provide support to people who are in mental health crisis.

Why have I been referred to the team?

The person referring you has identified that you need additional support with your mental health. Once referred, a member of the Team will make contact with you to discuss your needs.

What is home based treatment?

You will be visited at home by a member of the team for an agreed period of time. This will involve assessment, care planning and interventions specific to meeting your own needs, with the aim of preventing the need for an admission to hospital.

As you start to feel your mental health is improving, the frequency of our visits will be less; eventually you will be referred to another team or discharged.

Who will be involved in my care?

Our team consists of several members of staff including nurses, psychiatrists, social workers, occupational therapists, support workers and psychologists.

You will have contact with a number of staff in the team during our involvement in your care.

The following options will be discussed with you following an assessment to establish your mental health needs:



What if I need to be in hospital?

The team will work with you to make decisions about hospital treatment.

If you are already in hospital, the team will work with you to try and ensure you return home as quickly as possible and will support you on your discharge.

How do I get support urgently?

If you are currently being seen by the team and require urgent support you can phone for advice on the number given on the front of this leaflet.

If appropriate, contact can be arranged as soon as possible.

If you require urgent medical attention dial 999 or attend the A&E department.

If you already have a care coordinator it will be helpful to refer to your crisis contingency plan.

Support for families and carers

The team will also offer support to your family/carer, with your consent. If necessary, the team can refer your family/carer to Carer Support Services.

Other useful contacts

Samaritans	116 123
Mind infoline (mental health charity)	0300 123 3393
NHS 111 (when it's less urgent than 999)	111
SANE emotional helpline	0300 304 7000
Voice Ability (advocacy service)	01522 706580
Lincolnshire Mental Health Helpline (for emotional support)	0800 001 4331
Single Point of Access (SPA) (for referrals into LPFT)	0303 123 4000

Contact us

If you would like this leaflet in another language or format, such as Braille, large print or audio, please contact:

如果您想要將本傳單用其他語言或格式,例如盲 文、大號字體或音頻來顯示,請聯繫:

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Every effort has been made to ensure that the information in this leaflet was correct at the time of print. However, changes in law may mean that in time some details in this leaflet may be out of date.

Anyone using our services will be treated with dignity at all times and their faith and cultural needs will be accommodated where practically possible.

The Trust is fully compliant with the Data Protection Act and the NHS Code of Conduct

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Crisis Resolution Home Treatment Team

Information for service users and carers

Telephone contact:

01522 673648

www.lpft.nhs.uk