# Clinical research has gone from strength to strength

# **Background**

Clinical research at ULHT has been put centre stage with the opening of a £205,000 new

research facility at Pilgrim hospital. Clinical research in Lincolnshire's hospitals generate approximately £1.6 million for the Trust every year.

The new Lincolnshire Clinical Research Facility, which was officially opened on 8 August, provides all of the resources required to run comprehensive commercial and non-commercial research studies and clinical trials at the hospital, for the benefit of staff and patients.

Clinical research in ULHT has gone from strength to strength in recent years, with the number of clinical trials and studies carried out soaring from around 10 to nearly 200 over the last 10 years, with more than 1,500 patients involved a year.



The official opening of the facility by Chief Executive of the National Institute for Health Research, Clinical Research Network

At Pilgrim, the research team is working on a number of trials including oncology, haematology, stroke, cardiology, paediatric, dermatology, diabetes, midwifery, ophthalmology, respiratory, anaesthesia, gastroenterology, renal and orthopaedics.

#### **Current ULHT clinical trials**

There are over 100 clinical studies are active or in follow up at Pilgrim currently.

## Mammo-50

A clinical trial looking at how often follow-up mammography is required for women undergoing follow-up care for breast cancer.

## Bridging the age gap in breast cancer

A study trying to determine the optimal therapies for women aged over 70 with operable breast cancer.

### Add-aspirin

A trial assessing the anti-cancer effects of aspirin after primary cancer therapy, including patients with breast, colorectal, gastro-oesophageal and prostate cancers.

## **POSNOC** study

A 10 year clinical study looking at the armpit treatment provided to women diagnosed with early stage breast cancer.

#### **PPROMT**

A study looking at pregnancies where the membrane is ruptured prematurely but close to term, establishing whether immediate birth reduces neonatal infection without increasing other morbidity.

#### **Torpedo-CF**

A trial looking at which antibiotic treatment (oral or intravenous) works best for cystic fibrosis patients with pseudomonas.

The new facility has been designed to maximise the potential of research at Pilgrim. The facility is excellent for our staff and particularly for our patients. The new facility includes a patient consulting room, research laboratory, filing storage room, research offices, meeting room and kitchen.