

# Urology Clinical Nurse Specialist - Key Worker

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The Urology Clinical Nurse Specialist is a registered Nurse who has specialist knowledge and experience of caring for patients with urological cancer. This includes care of patients with cancer of the bladder, prostate, kidney, testes, penis and ureters.

## The service

The service aims to offer support to you the patient, your family and carers.

With your agreement the Urology Clinical Nurse Specialist can become your **key worker**. Within this role we are able to liaise with a number of health professionals involved in your treatment and care, both in the hospital and community. This will ensure that your care is as consistent and co-ordinated as possible and that all your needs are met. We should be your first point of contact if you have a question or concern.

We are your link to the multi-disciplinary team (MDT), the team of specialists responsible for working out your treatment plan.

## We offer:

- Emotional and psychological support for you and your family.
- We act as your link to the hospital from diagnosis through treatment to follow up.
- Information and advice about urological cancers and their treatments, for example:  
Surgery, Chemotherapy, Hormone therapy, Radiotherapy, Active monitoring with blood tests

We are able to give you further information regarding financial help and benefits and other support services including:

- Prostate cancer support group
- Bladder cancer support group
- Kidney cancer support group
- MacMillan services

## What type of follow up will you have?

This will depend on the type of cancer you have had but it is likely to be one of the following:

- Follow up at your consultant's clinic at regular intervals with blood tests and/or

scans or X-Ray

- Follow up at your general practitioner (GP) surgery with regular blood tests
- Follow up at an outpatient clinic led by the urology clinical nurse specialist such as:

Key worker clinic, Telephone follow up clinic, Erectile dysfunction clinic

Incontinence clinic, Prostate stable cancer clinic

Bladder cancer treatment clinic

You should be allocated a key worker at the point of your clinical diagnosis. If you are unsure or haven't been informed who your key worker is then please contact us through email on the following page.

Urology Clinical Nurse Specialist key workers can be contacted by the following:

By emailing: **[Ulh.tr-urologycns@nhs.net](mailto:Ulh.tr-urologycns@nhs.net)**

By telephone: Lincoln: 01522 573821

Boston: 01205 446671

Grantham: 01476 464363

If you wish to leave a message on the answerphone for your designated key worker please ensure you leave their name on the message in order for them to get back to you within 1 to 2 days.

Urology Department

United Lincolnshire Hospitals NHS Trust has worked with AccessAble to create detailed Access Guides to facilities, wards and departments at our sites.

[www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust](http://www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust)

United Lincolnshire Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at [patient.information@ulh.nhs.uk](mailto:patient.information@ulh.nhs.uk)