

Lincolnshire Local & National Cancer Support Group Directory

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Section 1 - Introduction

We are pleased to introduce this revised Directory of Support Groups. The aim is to provide local and national information for you , your families and for other Health and Social Care Professionals.

Attending a Support Group is a very personal choice however, for some they provide the opportunity to meet and talk to people affected by cancer in a friendly, non- clinical environment.

All the information is correct at this time and will be reviewed on an annual basis. If you are aware of differences or if you have any recommendations regarding further support that we can explore please contact macmillan.infosupport@ulh.nhs.uk or leave a message on 01522 572350 and we will return your call.

Section 2 – Local Support Groups

2.1 Bladder

Lincolnshire Bladder Cancer Support Group

Meets:

Quarterly throughout Lincolnshire, please contact Angie Ellis, Urology Clinical Nurse Specialist

Contact:

Angie Ellis

Tel: 01507 631212

2.2 Bowel

Grimsby Bowel Cancer Support Group

Meets:

2.00pm – 4.00pm, first Friday of the month

Contact:

07456 902917

Information:

Open Door Building, Albion Street, Grimsby.

2.3 Brain

Lincolnshire Brain Tumour Support Group

Meets:

Every 3 months.

Contact:

Julie Coventry, Macmillan Neuro-Oncology, Sarcoma & Cancer of Unknown Primary Clinical Nurse Specialist

Tel 01522 572313

Chairperson, Fiona Holmes

Treasurer, Joanna Hillier

Tel: 07757102418

email help@lbtsg.co.uk

Website www.lbtsg.co.uk

Information:

Providing support for patients and families with a primary brain tumour diagnosis (benign or malignant)

2.4 Breast

Grantham Breast Cancer Support Centre

Meets:

First Monday in month (7.30 – 9pm) coffee and biscuits

Where:

Sandon Community Centre
Sandon Road
Grantham

Contact:

Jenny Hubbard
Tel: 01476 530519

Information:

Provides support and information to patients before, during and after treatment

Boston Breast Cancer Self Help Support Group

Meets:

Once a month on a Wednesday evening 7-9pm

Where:

Mayflower Lodge, Green Lane, Boston, PE21 9NB

Contact:

Mrs Margaret Dooley
Tel: 01205 750408

Information:

Provides support to other people going through a similar experience. Activities include speakers, social evenings, question & answer sessions with the Breast Care Nurse and one-to one counselling by a qualified counsellor

Brigg & District Breast Cancer Support Group

Meets:

From 7.30pm Third Tuesday of every month (except December)

Where:

Angel Suite, Ballroom, Market Place, Brigg (entrance near Elwes Street)

Contact:

Michelle Munday, 07955 770995; info@breastcancersupport-brigg.org.uk

Information:

Specifically designed to meet the needs of breast cancer patients, it offers support, advice and friendship in a comfortable environment to socialise and share a common bond without the prejudice of race, gender or religion for all members.

Lincoln Breast Cancer Support Group

Meets:

3rd Tuesday of every month

Where:

Breast Unit, 4th Floor Maternity Wing, Lincoln County Hospital

Contacts:

Joy 01427 668699 (evenings)

Betty 01522 809178

Emily 01526 320442

Delores 01522 536655

Information:

Provides support to other people going through a similar experience

Daisy Chains Breast Cancer Support Group

Meets:

First Thursday of each month

Where:

Please contact for further details

Contacts:

Tracey: 07583 156741

Vicky: 07583 156961

Facebook Page – Daisy Chains Lincoln Breast Cancer Support Group

Bosom Buddies Support Group

Meets:

7.00pm – 9.00pm, fourth Monday of each month (excluding bank holidays)

Where:

Pink Rose Suite, Diana Princess of Wales Hospital, Grimsby

Contact:

Sue Munday, (01472) 590188 or BosomBuddiesGrimsby@gmail.com

Information:

Meetings provide support to current breast cancer patients, patients living with and beyond breast cancer, friends and family.

Embrace – Louth Breast Cancer Support Group

Meets:

Monthly – Please contact for details

Where:

Please contact for details

Contact:

Maddie West 07800802660 or <mailto:maddiewestuk@yahoo.com>

Information:

Meetings provide support to current breast cancer patients, patients living with and beyond breast cancer, friends and family.

2.5 Gynaecology

Lincs Go

Meets:

Second Thursday of the month 2.30-4.00pm

Where:

Community Room, Tesco Extra, Wragby Road, Lincoln

Contacts:

Heather Watkins, Gynaecology Specialist Nurse

Tel: 01522 573126

e-mail: Heather.Watkins@ulh.nhs.uk

2.6 Laryngectomy

Meets:

Please contact for more details

Where:

Please contact for more details

Contact:

Sarah Simmons or Wendy Knott, Macmillan Head & Neck Clinical Nurse Specialists

Tel: 01522 597592

2.7 Lung

Roy Castle Lung Cancer Foundation – Grimsby

Meets:

First Wednesday of every month 12noon – 1.30pm

Where:

The Millfields Hotel, 53, Bargate DN34 5AD Or Parentcraft room, Ground floor reception, family services building.

Contact:

Roy Castle Lung Cancer Foundation (01472) 875732 or (01472) 875579

Information:

Opportunity for people affected by lung cancer to get together, guest speakers & meet the local Lung Cancer Support Nurse.

2.8 Myeloma, Lymphoma & Leukaemia

SMYLLE – Support group for Myeloma, Lymphoma & Leukaemia – Boston Area

Meets:

Please contact for details

Where:

Please contact for details

Contact:

e-mail – info@smylleboston.co.uk

website: www.smylleboston.co.uk

Information:

To offer help, advice, support and friendship for those affected by myeloma, lymphoma and leukaemia. There are opportunities to discuss our problems with other that are experiencing like problems. Offering on-going support and information for those newly diagnosed with blood cancers and undergoing treatment.

SMYLLE – Support Group for Myeloma, Lymphoma, Leukaemia – Lincoln Area

Meets:

Last Thursday of the month 7-9pm

Where:

St. Barnabas Day Centre, Hawthorn Road, Lincoln

Contact:

Denise

Tel: 01673 861475

Information:

To offer help, advice, support and friendship for those affected by myeloma, Lymphoma and leukaemia. Opportunities to discuss your problems with others that are experiencing like problems. Offering on-going support and information for those newly diagnosed with blood cancers and undergoing treatment.

Myeloma Support Group - Grimsby

Meets:

5.00pm – 7.00pm, second Wednesday of every month

Where:

Room 3, Scartho Village Community Centre, 26 Waltham Road. DN33 2LX

Contact:

Janet Stennett, (01673) 828271, janetstennett@btinternet.com

Information:

Meet others, share experiences, learn about myeloma and access information.

2.9 Upper Gastrointestinal/Oesophageal

Grantham Oesophageal Patients Association

Meets:

The group meets on a quarterly basis please contact the group for more information

Where:

Please contact the group for more information

Contact:

John & Candy Talbot Tel: 01476 571599

e-mail – Grantham@opa.org.uk

Information:

Informal meeting organised by former patients and their carers. Also arrange social activities including short walks and meals out.

Humberside Oesophageal Support Group

Meets:

Every 2 months

Where:

Willerby, Hull. Please see HOSG website for more details

Contact:

Derek Devlin Tel: 01430 872769

e-mail info@hosg.org.uk

website: www.hosg.org

Information:

Opportunities to talk to others who have the same or similar problems in a friendly informal atmosphere. Information leaflets and newsletters.

Oesophageal Patients Association Support Group

Meets:

3-4 times per year, please contact for more information

Where:

Wragby Town Hall

Contact:

Marilyn Thornicroft 01673 858252

Anne Sumner 01522 685882

Information:

There are members from throughout the county who attend the meetings

Upper GI Support Group

Meets:

3 monthly – dates available from Lisa Dichmont 10.30am – 12noon

Where:

Wyberton Parish Hall, Wyberton, Boston

Contact:

Lisa Dichmont, Macmillan Upper GI Clinical Nurse Specialist

Tel: 01205 465916

Information:

Various speakers, chance to meet people with a similar diagnosis.

2.10 General Cancer Support Groups

Horncastle & District Cancer Support Group

Meets:

Please contact for details

Where:

Community Hall, Sellwood Gardens, Horncastle

Contact:

Cynthia - 01526 343119

Bridget – 01507 524086

Ingoldmells & Skegness Support Group

Meets:

Please contact for more details

Where:

The Ship Inn, Ingoldmells, Sea Lane, Skegness, PE25 1NU

Contact:

Barry & Maureen – 07752 785534

Ruskington Support Group

Meets:

First Thursday of the Month 1.30-3pm

Where:

Ruskington Methodist Church Hall, Chapel Street, Ruskington, NG34 9DX

Contact:

Linda – 07739093292

The 'C' Word

Meets:

The first Friday of each month

Where:

Winthorpe Community Centre, Roman Bank, Winthorpe

Contact:

Theresa Gerrard – 07756316142

Info:

Somewhere you can sit and chat and have a cuppa with people going through the same/similar as you.

We will have people from different organisations come along to offer advice on anything from filling in forms, yoga, reiki, to make up advice etc.

Iron Will (Cancer Support & Social Group) – Scunthorpe**Meets:**

The last Tuesday of every month 7.30-9.30pm

Where:

Lindsey Lodge, Burringham Road, Scunthorpe, DN17 2AA

Contact:

(01724) 270835 chrisd.lindseylodge@nlpct.nhs.uk / 07518909358 (24hrs)

Information:

For anyone affected by cancer including patients, carers, family, friends and health professionals. Offers on-going support for newly diagnosed, undergoing treatment, post treatment and beyond.

Odyssey Cancer Support Centre**Meets:**

Please contact for details

Where:

Barton on Humber

Contact:

Richard Morgan – 01652 633150 (Mon-Fri 9am-5pm)

Nicola Hazeldine (fundraising) – 01652 636972 (Mon-Fri 9am-6pm)

Website – www.theodysseycentre.org

Bosom Family Support**Meets:**

The third Wednesday of every month

Where:

Bottesford Village Hall

Contact:

Joanne Sowerby, 07861 460754

Information:

Meetings to provide peer support for families affected by cancer.

U can I can – Cancer survivorship support group

Meets:

4.00pm-6.00pm, second Thursday of the month

Where:

Alexander Suite, St James Hotel, Grimsby

Contact:

Macmillan Cancer Support Survivorship Team

Adolescent Support Group

Meets:

4.30pm – 6.30pm, last Tuesday in the month, plus one other Tuesday

Where:

Lindsey Lodge Hospice, Scunthorpe

Contact:

Alison Tindall or Chris Dyer (01724) 270835

Lymphoedema Support Group

Meets:

Quarterly, 12.30pm - 2.30pm, lunch is provided

Where:

Lindsey Lodge Hospice, Scunthorpe

Contact:

Gill Nelson (01724) 854907

Reflections – Bereavement Support Group

Meets:

10.30am-1.00pm, second Saturday of the month, lunch is provided

Where:

Lindsey Lodge Hospice, Scunthorpe

Contact:

Chris Dyer or Alison Tindall (01724) 270835

CAPS – Children And Parents Support

Meets:

6.30pm-8.30pm, first Tuesday of every month

Where:

Keadby Children's Centre, Station Road, Axholme, North Lincs

Contact:

Heather Jinks (NL Macmillan Social Worker)

Information:

For parents and school-age children bereaved due to loss of partner or spouse

2.11 Teenage & Young People Support Groups

Mattdotcom

Provides the loan of a laptop and peripheral equipment such as printers to 12 to 19 year olds with life-threatening illness to enable the continuation of school work, within a 50 mile radius of Lincoln

Contact:

David & Sharon Harding-Price – 01522 543642 (Mon-Fri 9am-5pm)

e-mail – support@mattdotcom.org.uk

website – www.mattdotcom.org.uk

Scunthorpe Teenage Support Group

Meets:

Last Tuesday of the month 4.30-6.00pm

Where:

Please contact for more details

Contact:

Chris Dyer – 01724 270835

e-mail chrisdyer@nhs.net

Heather Nicklin

e-mail heathernicklin@nhs.net

Adolescent Support Group

Meets:

4.30pm – 6.30pm, last Tuesday in the month, plus one other Tuesday

Where:

Lindsey Lodge Hospice, Scunthorpe

Contact:

Alison Tindall or Chris Dyer (01724) 270835

2.12 Stoma Support

Friends Group – The East Lincolnshire Stoma Support Group

Meets:

4th Tuesday of the Month 2.00-3.30pm

Where:

Rochford Tower Hall, Rochford Tower Road, Boston

Contact:

Andrew Hannam - hannam542@btinternet.com – Tel: 01775 710503

Betty Williams – Tel 01205 724120

Sheila Hodgson – Tel 01205 364493

Information:

Opportunity for people with any type of stoma and their family and friends to meet in a friendly environment. Guest Speakers include Reps from Stoma Product Manufacturers. Stoma Care Nurse occasionally in attendance.

Stoma Support Group Skegness

Meets:

Last Thursday of the month at 2pm

Where:

Barrett Court, Lancaster Lounge, Skegness

Contact:

Sharon Palmer – 07414828867

Section 3 – General Regional Support Groups

SARAG - South Yorkshire Asbestos Victim Support Group

Contact:

Tel: 01709 360 672.

Email: SARAG@rainbuilding.org.uk

Website: <http://saragasbestosupport.org/>

Information:

We provide advice, assistance and support for people affected by asbestos related diseases, their relatives, carers and friends, across South Yorkshire and North Nottinghamshire. We arrange to visit people at home to provide advice & assistance and the majority of the people who we help have mesothelioma or asbestos-related lung cancer. We also have monthly meetings for people with asbestos related diseases and their families across the region that everyone is welcome to attend.

Derbyshire Asbestos Support

Contact:

Tel: 01246 380415

Website: <http://www.asbestosupport.co.uk/>

Information:

The Derbyshire Asbestos Support Team (DAST) is a registered charity for the relief of people who have suffered ill-health, injury or become disabled from their work with asbestos.

Section 4 – National Support Groups

Macmillan Cancer Support

UK Office
89 Albert Embankment
London
SE1 7UQ
Tel: 020 7840 7840
Fax: 020 7840 7841

Contact:

Information Freephone: 0808 808 0000
8am to 9pm Monday to Friday
Website: www.macmillan.org.uk

Information:

Provides information leaflets/booklets free to patients as well as giving advice and support.

Cancer Research UK

Contact

Direct line: 020 7061 8355
Freephone: 0800 226237
Email: cancer.info@cancer.org.uk
www.cancerhelp.org.uk

Section 5 – Useful Links

Macmillan Information & Support - <http://macmillan.org.uk/cancerinformation/cancerinformation.aspx>

Cancer Research UK - www.cancerresearchuk.org

National Cancer Research Institute - <http://www.ncri.org.uk/>

Department of Health - <https://www.gov.uk/government/policies/cancer-research-and-treatment>