

CT Colonogram Aftercare

Reference Number: ULHT-LFT-1993 v3

Issued: June 2023

Review Date: June 2025



After your CT Colonogram procedure

You may return to your normal day to day activities and your normal eating and drinking pattern. We recommend you drink more fluids over the next 2 to 3 days (any fluids you wish).

You may experience a feeling of being bloated and minor discomfort for the rest of the day after your procedure. Moving around and returning to your normal diet should help this pass.

However, if you experience any of the following symptoms please seek urgent medical advice from your local Accident and Emergency department:

- Severe abdominal pain
- Worsening abdominal discomfort
- Sweating and nausea
- Feeling generally unwell

If you were given Buscopan to relax your bowel muscles during your scan, you may experience some blurring of vision for a short time. If you develop painful blurred vision within 48 hours of your test, you should seek medical advice from your local Accident and Emergency department.

Diabetic Patients

If you are on metformin and had the injection of x-ray dye, it is important you drink plenty of fluids over the next 2 to 3 days as mentioned above.

How to get the results of your scan

The results of your scan will go back to the Doctor who sent you for the scan. They should contact you for an appointment if you haven't already got one booked.

CT Department

United Lincolnshire Hospitals NHS Trust has worked with AccessAble to create detailed Access Guides to facilities, wards and departments at our sites. www.accessable.co.uk/united-lincolnshire-hospitals-nhs-trust

United Lincolnshire Hospitals NHS Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk