

# **United Lincolnshire Hospitals Trust**

## **Birth Afterthoughts** **Tel: 01476 464 334**

**Are there unanswered questions about your pregnancy, birth and postnatal period?**

If you want to discuss the events surrounding your pregnancy and birth, it may help to talk to a midwife. Together you can read your notes, explore and deepen your understanding of issues related to your maternity care.

The midwife will talk to you in confidence  
It does not matter how long ago your baby was born.

Your partner is welcome too.

If you are interested, please ring to arrange and appointment.