



KICKS COUNT™

empowering mums-to-be with knowledge & confidence

DURING COVID-19 OUTBREAK

YOUR BABY'S MOVEMENTS ARE AS IMPORTANT AS EVER

If you notice a change in your baby's regular movement call your midwife or maternity unit immediately

A change in your baby's movements can be an important warning sign that your baby is unwell. Around half of women who had a stillbirth noticed their baby's movements had slowed down or stopped.

Midwives are there for you and your baby

Even when isolating it's vital you report reduced movements immediately.

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www.kickscout.org.uk

