

Think twice before using A&E – if it's not serious or life threatening, you shouldn't be there.

Many illnesses can be better treated by visiting your local pharmacy, calling NHS 111, visiting your local GP, GP out of hours services, or attending a walk in centre or a minor injuries unit.

During the hours of 6:30pm to 9am, if you are concerned and need medical advice please contact NHS 111.



The Trust makes sure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the public experience team at [patient.experience@ulh.nhs.uk](mailto:patient.experience@ulh.nhs.uk) or call on 01476 464560.



## Temporary change to A&E opening hours

Open from 8am to 6.30 pm, 7 days a week

A&E  
Grantham and District Hospital  
[www.ulh.nhs.uk](http://www.ulh.nhs.uk)

From Wednesday 17 August 2016, Grantham A&E will be open from 9am to 6:30 pm, 7 days a week.

The decision has been to temporarily change the opening hours due to a reduction in the availability of doctors in Lincoln and Boston together with an increase in the demand for emergency care services. We do not have enough doctors to safely staff all three of our A&Es 24 hours a day, 7 days week. This plan will help maintain safe services across Lincolnshire.



In order to concentrate our limited medical resource and support our busiest departments at Lincoln and Pilgrim, unfortunately we have had to reduce the opening hours at Grantham A&E. This means we can redeploy the medical staff shift by shift, to where they are most needed and deliver safe services.

After 6.30 pm, we have put services in place with EMAS, the out of hours service and our emergency assessment unit to maximise the number of patients who can still be treated at Grantham hospital. This means that some emergency patients may still be brought by ambulance to Grantham overnight. In a real emergency, people should call 999.

# Keep A&E for those who really need it

## Self-care



Grazed Knee  
Cough or cold  
Sore throat

Make sure your medicine cupboard is stocked up with over the counter remedies.

## NHS 111



Feeling unwell  
Unsure what to do  
Need prompt advice

When you need medical advice but it is not a 999 emergency.

## Pharmacy



Diarrhoea  
Runny Nose  
Headache

For advice on common illnesses and medicines to treat them.

## Your GP and Out of Hours



Ear pain  
Backache  
Throat infection

If you have an illness or injury that won't go away, make an appointment to see your GP. If it's outside your GP's opening hours, you can access GP 'out of hours' by calling NHS 111.

## Minor Injuries Unit



Simple strains  
Simple sprains  
Cuts  
Illnesses

For minor injuries, illnesses and ailments visit the units at: Newark, Sleaford, Spalding and Lincoln walk-in centre. For locations, visit [www.nhs.uk](http://www.nhs.uk)

## A&E and 999



Chest pains  
Breathing difficulties  
Very unwell children  
Serious trauma

For serious or life threatening condition needing treating at an A&E department, your nearest ones are: Nottingham, Lincoln and Peterborough. Please dial 999.