

Press release

FOR IMMEDIATE RELEASE: Monday 6 February 2012

Group offering support to glaucoma patients

Patients suffering from glaucoma and ocular hypertension are invited to attend a patient support group designed to give them information and support in Boston.

The glaucoma team from the Royle Eye Department at Pilgrim Hospital in Boston have organised the support group to allow patients to receive more information and get advice from health care professionals outside of their hospital appointments.

The support group is led by Consultant Ophthalmologist Mohit Gupta and is supported by the International Glaucoma Association (IGA).

Darralynne Stell, Glaucoma Specialist Nurse at United Lincolnshire Hospitals NHS Trust, said: "The group provides a forum for patients to air problems, learn more about the disease and share concerns. Previous sessions have been really successful and we have received good feedback from many people who have attended."

The event is open to patients of all ages and at all stages of the two conditions glaucoma and ocular hypertension.

The group will hold its next meeting in the Lecture Hall Medical Education Centre Pilgrim Hospital on Friday 24 February at 1.30pm.

Topics covered during the event will include glaucoma surgery, central corneal thickness measurement and generic eye drops. There will also be an opportunity to ask informal questions at the end of the session. Answers will be provided by the glaucoma team hosting the support group.

For more information, please contact the glaucoma team on 01205 364801 ext 5626.

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Notes to editors

Glaucoma is the name given to a group of eye conditions that affect vision. Research suggests that a form of glaucoma affects about two out of every 100 people in the UK who are over 40. There are four main types of

glaucoma: open angle glaucoma (chronic glaucoma), acute angle closure glaucoma (acute glaucoma), secondary glaucoma, and developmental glaucoma (congenital glaucoma).

Ocular hypertension is any situation in which the pressure inside the eye, called intraocular pressure, is higher than normal.

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